



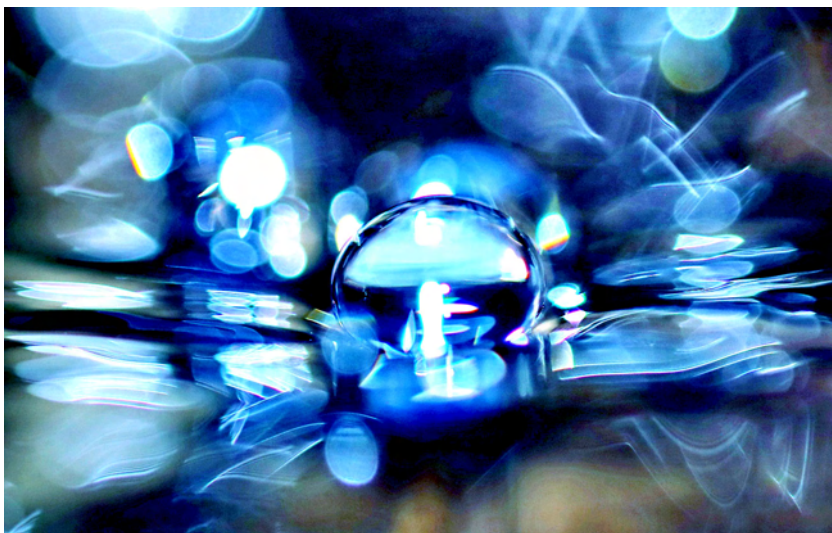
# **10 Commandments to the Living Water...**

**Natural laws versus  
'modern' water manipulation (technology)**

**by Nadeen K. Althoff   [www.bormia.de](http://www.bormia.de)**

# 10 Commandments to the Living Water

**Laws of nature vs. 'modern'  
water manipulation (technology)**



**by Nadeen K. Althoff**

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# Preface

## **Water is life! So far so good!**

But when, in the mid-1960s, the German water towers and elevated tanks used at that time were replaced by more powerful pumps, the water pressure was increased from 2.5 bar/pressure to at least 4 (and in bigger cities up to 20 bar). Since then, tap water has become less popular! Why? Quite simply, the completely natural water has been described as 'rough' in taste. All right, it's not that bad. But what is more important to mention, however, is that this change has made a latent difference to the health of the population, and that it has turned negative...

## **Hoppla – "Living Water" becomes H<sub>2</sub>O and no one noticed!**

A spring water quality, also known as 'living water', has been proven to lose its energetic power at a transport pressure of more than 2.5 bar. This energy and vibration loss is equivalent to a breakdown of the energetic structural framework in drinking water. If you manipulate the statics of a house, it collapses – and that's also true of water! The effects on the ingredients (e. g. minerals) are: They clump and stick together, lose their cell permeability, create deposits [plaque/debris], annoy the people in the household and water should disappear from the household. Minerals, however, are essential alkalizing agents that should be treated as 'good friends' in a time of over-acidification of the body.

The human being, which consists of about 70 percent (weight) water and up to 99 percent of the water atoms H and O, is actually a water creature. Water is therefore an essential substance for humans.

Metabolism in itself is almost exclusively based on 'lifelike water'. Cardiovascular diseases have risen noticeably since the pressure change in the pipeline network and the subsequent restructuring of the number 1 foodstuff. Today, about 80 percent of all diseases are diagnosed as metabolic diseases.

Also the increase of highly technical processing processes in food processing – filtration (between 8-10 bar pressure), homogenization (up to 80 bar pressure), centrifuges & decanters (impact accelerations from 0 to over 500 km/hr.), high-speed or centrifugal pumps, ultra-high heating, microwave, UV radiation and many 'sophisticated technologies' – destroy the extremely fine structural factors (biophotos) in foodstuffs and are thus degenerated into foodstuffs. These degenerations of the cell water in fruit, vegetables, milk, wine, beer, juices etc. have highly adverse effects on the metabolism.

### **We water drinkers are to blame for the misery!**

Yes, you are right to assume that we consumers are the cause of our own illnesses! We obviously do not want to notice what is being done with our food and what consequences this has on our basic health – we should finally wake up! BUT: Together WE CONSUMERS are powerful and can determine what we want to consume for food qualities.

### **... why don't we do this?**

Don't worry, it's not all lost. Fortunately, there is an increasing number of people who are again interested in the 'living things' in the drinking water. In the current water revitalization scene, however, there are many concepts dominating how our water has to be. They have nothing in common with the simple reality of the nature of 'Living Water' – unfortunately. Almost all experts only tell you what they have understood (or want to understand!) and what benefits their turnover. However, the deeper scientific knowledge about our drinking water is increasing rapidly. Adapting existing knowledge about water to the latest findings (in the sense of an update) would mean that many concepts of 'modern' water revitalization technologies would have to die out as obsolete...

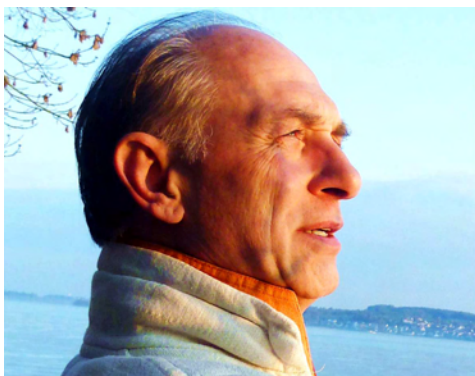
### **Old concepts of water manipulation is nonsense and profiteering – unfortunately!**

This eBook is the sum of 30 years of near-natural and practical research on the water – I am Kombu'Cha brewer and beverage developer in the organic sector. Water is the element I work with every day. And water is not only my life – it also determines the life of every single person on this planet. This eBook is intended to show in a simple and understandable way [nature is simple] what blatant deadly sins we are committing to our drinking water today and how we can improve the water quality for ourselves and our families.

Uuuups – sorry. Real living water (e. g. real spring water) cannot be improved. It is a gift from God and as it is – the living itself! But you can of course turn our modern H<sub>2</sub>O pipe into living water again. How easy it is and what you have to pay attention to [use your intuition] when drinking 'Living Water', I have written this eBook. Read more about water in

its purest nature and the natural laws of water. Learn how we are currently "treating" our water and what you can do to get natural water back into your home. It's as simple and simple as my 10 Commandments to the Living Water!

**Do you have any questions?  
Please contact me!**



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## **Commandment 1: Nothing can improve living nature!**

What is 'living water' anyway? Water in its nature and its laws of nature is highly structured, or to put it another way: Water in its natural form has a lively structure and very high dynamics.

Living water – backgrounds and properties:

- Life in nature is almost exclusively made possible by a 'cooperation' of the masculine (spermium) and feminine (egg). We find this principle in almost all organic processes. On other levels of observation, the masculine is also referred to as physics, pressure, clockwise rotation, light, white, etc., while the feminine is assigned

chemistry, vacuum, left hand rotation, weight, darkness, black, etc. to the feminine. They are very easy to observe in nature. Both principles create – on an equal footing – zero point energy, which is also known as the creation energy. She carries life forward. Scientifically, they are called tachyon energy.

- A living water becomes alive when it was allowed to mature through its own natural mathematics. Here the Golden ratio applies, which is a ratio, vibration and rhythm mathematics.
- A living water swings high, is long-term stable, does not tip over and does not need to be preserved.
- Living water is metabolism activating and supports all organ functions.
- A vital body – regularly supplied with living water – always discharges harmful substances. A weakened body with dead water doesn't do that.
- Living water is immediately bioavailable and refreshed, a dead water is not!
- Living water is always balanced and harmonious water with zero point energy character. It is polarity neutral!
- Living water is always colloidal. Colloids in drinking water can be compared with precursors of living cells. Freshly squeezed juices, raw milk, spring water, urine, blood etc. are colloidal solutions.
- A living water optimizes the metabolism and thus cell vitality, cell renewal, cell regeneration (wound healing),

has an increased anti-oxidant power and enables the body to have a very high regenerative power (cf. Deutschländer K., Health effects of a drinking cure with artesian spring water. Study available in English on demand at [nadeen@Bormia.de](mailto:nadeen@Bormia.de) – clear confirming results of the participants!!!)

- Living water is always soft, no matter how many minerals are in the water.
- Living water is an unspecific remedy; it ensures that the immune power is and remains high.
- Due to its high natural vibration, 'living water' does not give harmful bacteria any chance to multiply – it is germ resistant.
- Living water is always also homeopathic. It has enormous inner surfaces due to the effect of harmonious vortex forces. E. Bach (Bach Flowers) and S. Hahnemann (Finder of Homeopathy) have prescribed living water (source water) for the production of homeopathic remedies. The surface has as known from the magnetic tape in music high information receptivity. Living water is homeopathic water enriched with increased vibration. High vibration produces an energetic high potency (especially when the water is consumed freshly). This is not in the strict sense of homeopathic teaching, but in principle a correct statement.
- Living water is the guarantor for an effective, functioning homeopathy and a clear explanation for the 'memory of the earth'!
- Living water is often drunk and therefore more often.

- Living water in nature purifies itself from unnatural information and pollutants.
- They say: "Minerals in water are not metabolisable, but must be absorbed by the more solid foods." That is not correct! In 'living water' (e. g. spring water) minerals are always bioavailable because they are (a) nano-fine (material) and (b) have a high energetic energy field (physics/dynamics/polarity build-up), in a dead water (e. g. tap water) the said is not given. A deformed tap water is basically not comparable to real spring water i. e. 'water is not the same as water'!
- Buddha is said to have said, "One day mankind will have to realize that living water is the only real remedy it has." That is correct!

All metabolic activities in organisms are based on highly structured, i. e. 'living water'.

If you look at nature with the aim of discovering its secrets, you can see that it uses the surface in many ways as a material and information transfer medium. When we breathe, for example, we send an ethereal substance into the lungs to carry out the gas exchange at the alveoli. The number of pulmonary alveoli is estimated to be about 300 million and their total surface area 80-120 m<sup>2</sup>, with the lungs having a relatively compact internal volume.

The same happens when eating solid food. We chew these into many small individual pieces to a surface-rich porridge, in order to absorb ingredients, light inclusions, binding energies, etc. in the intestine by an army of intestinal villi. The intestine is about eight metres long in adults and has a surface area of about 400-500 m<sup>2</sup> due to the fine intestinal villi.

Here, too, a relatively compact own volume is known in the body.

Nature therefore uses 'ball' (drops) and 'surface' as a means of transport and process route. There is folding and compressing of fabric & energy, e. g. in the form of a pea and later folding and dissolving by cooking (opening the cells) and chewing the pea. Over the surface substance, energy and information is transferred from one state to another or/and from one body to another.

These surface phenomena are also known in water. 'Water is not equal to water' is a general consensus, but the differences are mainly only explored in its chemistry. The natural energetic state of this chemistry or water is (usually) missing. Water is defined as the basis for a functioning basic health in humans, i. e. for a functioning metabolism – metabolism in the sense of a natural exchange of matter and strength – power in the sense of energy & information.

Since the human organism has evolved from water, an analogous, nature-compliant way of thinking is called for, in order to enable a natural basic health by drinking 'living water'.

Because nature is high wisdom and cannot be improved by anything!

Also see a new study with the title: Health effects of a Mineral Drinking Cure with Artesian Spring Water... Is there evidence showing that water of high quality has an impact on physical and psychological reactions? Results of a pilot study. [http://www.bormia.de/ebook/Springwater\\_and\\_health-Study\\_by\\_Dr\\_Deutschlaender\\_Nov2017\\_English.pdf](http://www.bormia.de/ebook/Springwater_and_health-Study_by_Dr_Deutschlaender_Nov2017_English.pdf) – short Link: <https://bit.ly/2qrfZua>

[Also study any of the books from Dr. med. Fereydoon Batmanghelid, he is not a water expert himself, but proves often, that many illnesses can be cured with good water.]



**Commandment 2:**  
**Nature is and always has been simple!**  
**Note the Mini-Max formula of water!**

The current treatment techniques for revitalising water are in a clear field of tension between demand and natural reality. For they often only target partial aspects of water, instead of including all the knowledge that is now available and capturing it all.

## Water and the current treatment techniques:

- Due to the splitting/separation of physics and chemistry in schools and universities, a holistic understanding of natural processes is hardly given any more. All processes of the organic/living world take place in cooperation of physics (male) and chemistry (female).
- The technical world does not differentiate between different mathematical approaches in application. A distinction must be made here between
  - a) the biological world with the mathematics of the golden ratio (logarithmic, i. e. rhythm as a guarantor of life),
  - b) the technical world with arithmetic (a'rhythms, i. e. an a'rhythmic mathematics), which technical thinking minds also uses for the biological world (which is not correct).
- The Technical World has been squeezing our (in Germany) drinking water since the mid-1960s of the 20th century with at least 4 bar (pressure) into the households and destroy the energetic potential/energy skeleton/physics or the soul in the water. The technical world tries to revive water with the same mathematics and the resulting technical methods. Methods are used as follows:
  - a) Magnetism (technically manufactured strong rod magnets);
  - b) Reverse osmosis (up to 30 bar pressure);

- c) Frequency manipulations. These mono frequencies and the associated so-called organ frequencies are not in a harmonic context;
- d) Ionization (electrolytic PH manipulation);
- e) One-sided turbulence/vortex: It is almost only spun clockwise and also unrhythmically. Among other things, existing laboratory technology with magnets and high speed motors is also used and there is no shielding against electro-smog. So one claims to have understood and uses the insights of Viktor Schaubberger who is said to be the founder of water research in Germany/Austria. But Viktor Schaubberger never spoke about using only one direction of rotation and he also knew about rhythm and surface as an important role in water (!);
- f) Use of the Galvanic Cell (generation of technical voltage fields see Auto-Battery);
- g) Technically manufactured CO<sup>2</sup> in water is basically a preservative. The body excretes CO<sup>2</sup> when exhaling – so why should we ingest it again through the bubble water? Tilting of bottled water only happens if it has a low and unnatural vibration quality;
- h) When using so-called reference waters (in systems), whose vibration is to be imprinted on the tap water, it is important to know that no matter how high the quality of water may be, it loses its vibration over time. It's obsolete. This means that such methods of information embossing are unsuitable and contradict the principle of freshness;

- i) UV and OZON – treatments deprive the water of all life... especially the useful, developing germs are destroyed. We need anabolic germs for our intestinal flora and negative germs to build up a strong immune system. Disinfected water thus has an inhibitory effect on our body;
  - j) In some procedures, ideal-typical measurement results are determined and adopted in order to be able to technically adjust water according to a fixed target value. This puts the process of the used systems itself in a particularly 'good light'. For example, the much quoted ideal value  $rh_2$  (according to C. Vincent) is not achieved by any real spring water. There are no such standards in nature, but a varied variety;
  - k) Many methods are combined in order to achieve the effects mentioned above (cf. j);
- It must be clearly stated at this point that technical processes have a very strong effect on the water. But when water can be influenced (it's proved by Prof. Emoto) by a single thought – there is a fundamental question: Does technically manipulated water serve or support a biological system?
  - All measuring methods  $rh_2$  [Redox potential according to C. Vincent], mS [conductivity], ppm [amount of existing substances], Ohm [electrical resistance], pH [harmony between acid and base] and others are isolated individual considerations. Although they make a statement about individual properties, they do not have a holistic significance. These measuring parameters are used individually and in combination to evaluate the

water quality, but here too the following applies: The whole is more than the sum of its parts!

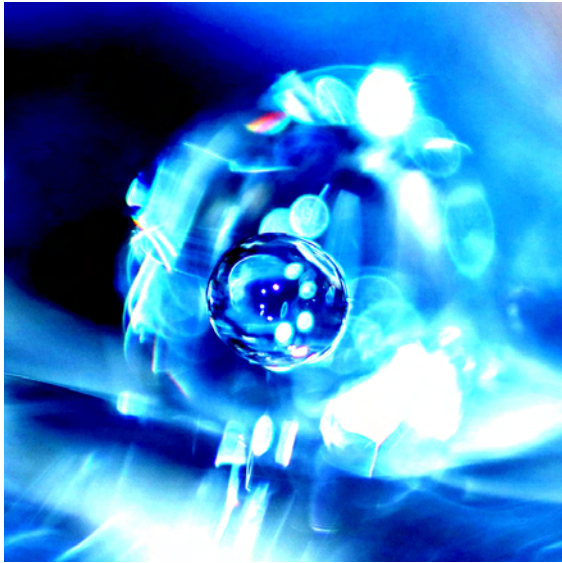
- It is unrealistic to want to remove substances (minerals) from the water with highly cultivated reverse osmosis technology in order to offer the consumer dead and very aggressive water afterwards! The intention to be able to purify the body more often with this water turns out to be an illusion, since the compensation of the water begins where it first comes into contact with substances (mouth, esophagus, stomach) and not where you want it to go. Reverse osmosis is known to reduce the body's own organ functions, e. g. the detoxification organs. Metabolism, supply and disposal are more likely to be reduced with reverse osmosis water by reducing the function of your own organs – which are a high qualified for it.
- Deposits in the body only occur if the energy has been withdrawn from our water and food before. This applies to drinking water and more solid food. Many such foods are made up of destroyed individual components and glued together with emulsifiers, the best-known example being margarine!

The above-mentioned indications of the properties of a natural 'living drinking water' and the effects of currently used manipulation techniques on our drinking water, which want to turn pressure-damaged, devitalized tap water into a naturally vital, body-appropriate drinking water, lie very far apart.

The simple solution serves nature on a silver platter: achieve maximum yield with minimum effort!

The natural MINI MAX FORMULA of water, which "generates a maximum yield/result with minimal effort", is the rhythmic, two-sided rotating vortex that can be found every-where in nature. Nature with its dynamic vortices and surface phenomena causes many changes in the water in a single process.

Nature works according to the Mini-Max formula everywhere and is thus 'economy and ecology' at the same time. Bionics, i. e. the technology that "understands and copies" nature, has a great chance of fulfilling the desired or necessary requirements for natural water revitalization.



## **Commandment 3: Nature understood, nature copied – bionic technology is our future!**

Understand nature and copy it: Natural technology – BIONICS – is the future because it takes nature as an example and is not reduced to an individual or single factor (aspects). The current issue is an urgent paradigm shift in water research!

In general, the uplifting or increasing principle in nature is not given enough attention. How do living structures develop in nature? Some answers can be found in vortex physics of water. So far, however, vortex physics (science) describes

kinetic processes in rotating water only by force and performance aspects. By contrast, surface physics of vortices deepens and describes the physically generated purification, transfer and storage function (memory effect) of water. Basically, it is about the essence of water and its homeopathic function. Homeopathy as a science that deals with the transfer of information has long been discussed as a 'real thing'; surface physics makes it simple, explainable and writable in terms of content.

BIONICS – Nature-oriented process for water vitalization:

- Life comes from the living. The living is created by the 'cooperation' between male (plus/right) and female (minus/left) principles;
- Nature is thus 'ecological & economic' at the same time and always a role model for us;
- Nature does not follow a concept, but rather the holistic laws of evolution. We can find them everywhere in creation;
- Nature is simple and obvious (evident). It is easy and intuitive for everyone to understand;
- Nature is maintenance-free;
- It does not use PVC, alternating current, technical magnetism, mono frequencies, technical electrolysis, technical ionization, galvanic cell (energy field) etc., but the harmonizing, i. e. right- and left-handed vortex in the mathematic of the Golden Ratio;

- Natural whirling processes produce a maximum yield/result with 'minimum effort'. The vortex works according to the Mini-Max formula, which accomplishes many tasks in one process, among others:
  - a) Cleaning or dismantling of material matter and information;
  - b) Production of large surfaces as a basis for homeopathy (memory of the earth);
  - c) Increases the deposit of ethereal oscillations on emerging surfaces, which produces a bluish shimmer of light (orgon entry, a 'quantum-physical phenomenon'). The water glows and smells neutral again;
  - d) Deletion of the water clusters (previous information);
  - e) Pollutants are increased informatively and stimulated to excretion [with the same/similar things cancel/dissolve/exclude].
  - f) Increase of physical solubility in water (it absorbs much more);
  - g) The water is degassed;
  - h) The harmonic vortex effects a polarity neutral zero point energy input and is the basis for colloid formation; colloids are precursors of living cells.
  - i) Vortices cause friction of the surfaces and generate electrical potential (a natural ion and electron activity);

j) The vertebrae maximize the kinetic potential in the water (dynamics), which is transferred to all body fluids (relieving the heart);

k) Natural rhythms in the 'Golden Ratio' provide stability of the water;

l) Natural 6-star structures are made possible again;

m) Optimisation of bioavailability and, as a result, metabolism optimization – inorganic water becomes organic water again;

n) AND MANY MORE

- Nature never whirls unilaterally, but always in both directions (harmony principle).
- It is always rhythmic, never monotonous, generates harmonically frequency spectra, as well as "nutritious" upper and lower frequencies (tones) which corresponds with the human being.
- Nature does not power up water artificially. It enriches to enable energy flow.
- Living water promotes salutogenesis (i. e. health remains stable).
- A living water swings high, is long-term stable and does not tip over (you don't have to stabilize it with the preservative CO<sub>2</sub>).

The Bormia principle as a bionic technique is based on the principle of nature. The spiral shape and the millennia-old technique of whirling are modeled on nature and used by Bormia for holistically effective water revitalization.



A 'nature-drawing' as a formula for the Bormia-principle: out of the unity, i. e. the whole ammonite cut of switches over into the duality. This duality forms and shows a left-turning (female principle) and a right-turning (male principle). By measuring the angles from the ammonite a rhythmic sequence emerged, an excerpt of the developmental history of the earth from – in this case – 28 years (cross-sum 1). The total length of the resulting spiral is 37 cm (cross total 1).

Here you can see the transformation of a natural cycle into technology known as BIONICS. I would like to call this development a primordial code, which is reflected in the spirals produced from it.



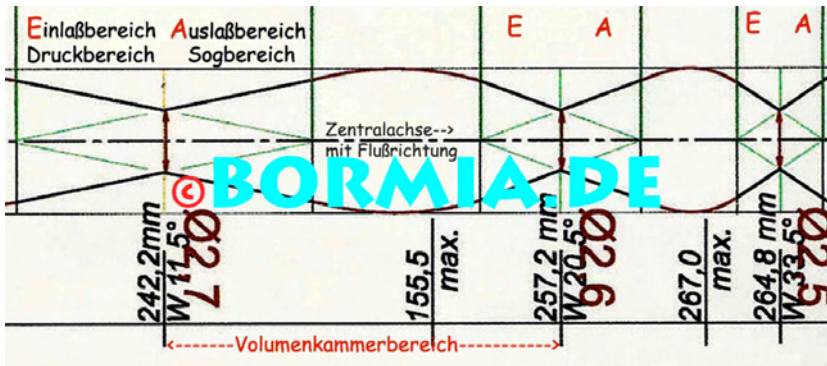
The sequence of the angles resulted in a continuous, repetitive rhythmic sequence of 5 to 3, mathematically speaking this is the Golden Ratio! Ammonite itself comes out of the water, so does man. Both are derived from the same mathematics (Golden Ratio) and harmonize with each other.

The insights and experiences put down here have all arisen after the development of the spirals through 14 years of observations of me and the feedback from friends and my customers!

At this point I would like to give a short description of the Bormia bio spring water generator for a better understanding of this bionic implementation in technology.

The spirals are parallel in the BORMIA system. The water whirls through the spirals in both directions of rotation. During the process, pressure (male) and vacuum moments (female) occur simultaneously in the spirals in a rhythmic sequence [see figure]. The water divides at the beginning to merge again at the end of the process in order to cancel both directions of rotation.

The heart also works like this! In this way 'virgin', strengthening and stable zero point forces are created in a natural way.



Ausschnitt aus der Konstruktionszeichnung der Bormia-Spirale mit Druck und Vakuummomenten

Pic. Detail of the structural drawing of the Bormia spiral  
with intrinsic pressure and vacuum moments

The detectable effects are:

- At the Bormia-Spring there is always fresh (daily news) and dynamic 'living water' from the tap with a wonderful taste.
- The minerals of the tap water are made cellular again:

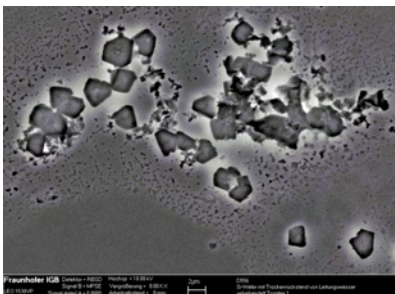


Figure: Scanning electron microscopy 2  $\mu$  observation [Fraunhofer Institute]. Left pic without Bormia treatment, right pic with Bormia treatment. On the left, the clumping of the minerals/fabrics can be recognized as non-cellular, while on the right, a finer distribution of the minerals/fabrics becomes visible, which is cellular. This change can easily be found in the kettle for heating up water. The lime does not stick, but is easy to remove with the fingers and disappears completely when rubbed into the hands. Imagine showering with the water of left pic. – its like showering with fine sand paper.

Living water [see scanning electron images] is always soft no matter how many minerals/substances are in the water (many experts do not know that).

A recent study (before and after) by cell biologist Prof. Dr. rer. Nat. P. C. Dartsch [www.dartsch-scientific.com] confirms: "The difference was already very clear and is significant... the tests for cell vitality, cell regeneration and antioxidative effect have been clearly positive." The aim of the study was to test the regenerative forces (cell renewal) of the Bormia water, hoping to confirm this not only through numerous experiences, but also scientifically. The examination can be inspected on request.

NATURALLY AND TECHNICALLY TREATED WATER IN ANALYTICAL COMPARISON:			
CRITERIA	NATURE ←	→	TECHNIC
MATHEMATICS	LOGARITHM GOLDEN CUT (RATIO) BIOLOGICAL WORLD		ARITHMETIC ADD., SUB., DIV., MULTIPL. TECHNICAL WORLD
PLATONIC BODY OLOID (3 D-LEMNISKATE) SEEN AS A DYNAMIC PLATONIC BODY			DODECAHEDRON, ICOSAHEDRON, CUBE ETC.
QUALITY CRITERIA IDEAL TYPE	R A T I N G S		
REALSPRING WATER			
BIOAVAILABILITY	HIGH		LOW
ZERO POINT / TACHYONS	ALWAYS		LOW
COLLOIDALITY	HIGH		LOW
DYNAMIC	HIGH		LOW
HARMONY	HIGH		DISHARMONIOUS
RHYTHM/ FREQUENCY	AVAILABLE		NOT AVAILABLE
HEXAGONAL STRUCTURE	AVAILABLE		NOT AVAILABLE
DELETED INFO CLUSTERS	YES		NOT DELETED/ OVERLAY
INNER SURFACE	HIGH		NO
SOLUBILITY	HIGH		LOW
ION EXCESS OF ELECTRONS	NATURALLY HIGH		TECHNICALLY ADJUSTED
SURFACE TENSION ( $\gamma$ OR $\sigma$ )	LOW (ALWAYS SOFT)		?
ANALYTICAL MEASUREMENTS			
MS (MICRO SIEMENS)	SOURCE-DEPENDENT		TECHNICALLY ADJUSTED
RH2 (IDEALIZED VALUES)	SOURCE-DEPENDENT		TECHNICALLY ADJUSTED
PPM	SOURCE-DEPENDENT		TECHNICALLY ADJUSTED
REDOX POTENTIAL PH	SOURCE-DEPENDENT		TECHNICALLY ADJUSTED

HOLISTIC  
STATEMENTS!

TECHNICAL  
VALUES!

N. K. ALTHOFF, DGEIM – OCT. 17 -

www.BORMIA.DE

..... BIONIC RESULTS

[Slide from the lecture: "Energetized water... between ambition and reality" DGEIM, 3countries Water Congress, Constance on Lake Constance, 14 Oct. 17]

[www.youtube.com/watch?v=sMWuOGqvQYI&feature=youtu.be](http://www.youtube.com/watch?v=sMWuOGqvQYI&feature=youtu.be)  
[original lecture]

A further investigation yielded an equally interesting measurement, which had to be kept in the drawer for a long time, since no one knew how to interpret it. In the water comparison (before and after) 70 nm (nano-meter frequencies) and after the Bormia treatment 3.000 nm were measured. In his lecture at the international Water Congress of DGEIM (14. + 15. Oct. 2017, in Constance [Germany],

where I had the honor to speak myself – see link above) the popular water researcher Prof. G. H. Pollak (USA) mentioned that 3.000 nm is the maximum energy input frequency (infrared) in water. For a natural process a very unusual but even more sensational result! The nature-compliant (bionic) Bormia principle can generate the 3.000 nm frequency without the direct influence of a light source and thus enable a very high energy input. I suppose that the copied and reproduced natural rhythm becomes decisive here.



## **Commandment 4: Violations of the laws of nature have serious consequences – even with water!**

Have you ever considered that burnout phenomena could be the sum of regular physical undersupply? Undersupply is like a bed for illness and has – depending on the individual disposition – very different characteristics. The mental stress component can no longer be physically compensated.

The causes of burnout are manifold and it requires a subjective and conclusive response from the person affected as to how he or she came to the "burnout".

If you look at the purely physical areas, however, you can find out from the physiological sequence mechanisms where disturbances of the flow of forces have occurred everywhere.

Official figures are already alarming evidence of a general serious developmental error, as 80 percent of all diseases are metabolic diseases, including all cardiovascular diseases. In short, the supply and disposal problems in the body have increased considerably.

If you keep asking about the why, you get to the subject of water at some point. This unique medium is the basis for any form of metabolism that determines the supply and disposal of substances and the associated energy processes in the body.

If you take a closer look at the functioning of the heart, it becomes clear that this is a vortex organ with two different vortex directions. The artery swirls to the left (female, nourishing, nurturing, etc.) and the vein to the right (male, disposing, regenerating, etc.). The function is reminiscent of a stream which, on the arithmetic average, always has both directions of vortices at the same time (50% to 50%). No side dominates, with which we can define and recognize the heart as a "zero point generator" and as a torus field.

**The Heart is a**



**zeropoint-energy-generator**

Pic.: The heart is a zero point generator! The tip of the heart, after Benninghoff, supplement (blue) N. Althoff, by courtesy of the publisher: Edition: Freies Geistesleben. The Lemniskate is muscular in the heart and supplies artery (left-turning) and vein (right-turning) at the same time. The heart is a zeropoint-energy-generator, a vortex organ (chamber)!

Zero point fields are harmonious and pulsating (rhythmic) energy fields in which life develops. The heart has a remarkable unique selling proposition: it structures and transports all fluids in the body, be it blood, lymph, cell water, nerve water, brain water etc. through its extraordinary characteristics, its remarkable activity, mode of operation and adaptable rhythm.

Since the entire body is laid out in the Golden Ratio, it functions logarithmically. This is a mathematics of ratios that encompasses the whole world of the organic and living. Our food (as a means to life) is also built on it.

Molecularly seen, the body consists of more than 70 percent water. It was created by the laws inherent in water. Therefore, its metabolism is influenced by the flow laws of water in the body. Seen in this way, our body needs living water for its metabolism to function well!

So far, there are no longterm studies on the technologies used to manipulate drinking water in a technical way! In the active scientific examination of water revitalisation, I have repeatedly noticed that people develop health disadvantages under non-natural systems.



## **Commandment 5: Life comes from the living, not the dead!**

Devitalising water with inadequate techniques to 'resuscitate' it with inadequate techniques seems downright absurd.

Minerals are – especially at the time of acidification – important base formers. Removing them from the water and then reintroducing them as a monoculture (e. g. zeolite) once again seems absurd. It is overlooked that the zeolite

minerals in non-nanometrized form are not cellular. A natural nanometrizer is the vortex (see microscope images above).

Nature has developed its form of water revitalization or renewal over many millennia and implemented it into the earth's reality by means of laws – in the form of bothsided vortex. Living spring water corresponds to the human organism and optimizes metabolism. A water that conforms to nature is therefore an unspecific 'healing or health preservative' because it strengthens every organism in its self-regulation!

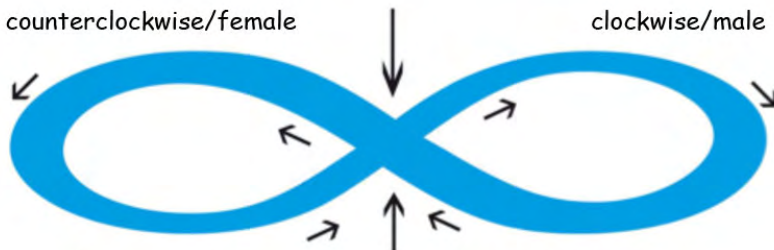
Nature uses vortex physics, which we know as 'rubbing of water layers or surfaces'. The vortex within flowing water is an sucking vacuum funnel, which sucks in actual ether and inscribes it into the surface of the vortex. Only through harmonic, i. e. rhythmic right-left-vortices, a bluish glow is created in the water, which has been called Orgone storing since Wilhelm Reich. This phenomenon of light can be recognized quickly in a direct comparison of living and dead waters. You hold a fresh and harmoniously swirled tap water next to a un-harmoniously (left or right spinned or normal tapwater) swirled tap water – the difference is directly recognizable [hold the glasses against the total blue or total grey sky]. However, it can also be assumed that such light phenomena are caused by the disassembly/crushing of matter itself and also by cluster disassembly, i. e. the release of structural formation energies. This is also reflected in the well-known discussion about the fact that matter is condensed light/mind. Thus, if matter is increasingly dissolved, the light can become free again and the vibration can increase.

The increase in surface area also increases the physical solubility and absorbency in water. In the brewing area, for

example, the turbidity factor (defined amount of water in combination with a defined amount of substance and time) is increased by about 80 percent using the Bormia water (principle). This can be checked very quickly by a tea bag in hot tap water, unlike spring water.

The flow of water in nature is always a harmonic, i. e. equally right-left-distributed process. The 'polarity-neutral zero point energy' is exclusively the result of harmonic vortex formation. It dissolves one-sided left or right polarities and increases in or to the zero point or zero point water.

#### Zero/harmony and point of consciousness



The zero point is known as a harmony point - the energy or potential rests in itself. It serves the living. Only living water is a harmonious water. It results from the equal interaction of the male and female principles. One can also call the harmony point a point of consciousness, because consciousness is creative harmony. Please view in 3D. Follow with your finger the blue line (lemniscate) and realize that the lemniscate is the symbol of ingenuity and harmony. It contains both directions of rotation (clockwise and anti-clockwise), i. e. the creation itself is the unity of both (directions)!

The associated formation of water colloids is the result of zero point energy input! Dead tap water leaves its inorganic state with this event and becomes an organic (bioavailable) living water. If this process is accompanied by a natural rhythm, the resulting water colloid is long-term stable.

A water colloid is a substance that promotes life. It is created by the combination of chemistry (fabric, matter, female) and physics (dynamics, rotation, male) and is beneficial to all metabolic processes. Mass that rotates generates a dynamic energy field with positive and negative poles and an electromagnetic potential Analogously, this is known from the earth and its energy field. This (happening) condition in drinking water turns it into living drinking water. The result is a harmonious liquid, which does not burden the organism, but promotes it and is enriched with increased potential to serve the organism.



## **Commandment 6: The whole is more than the sum of its parts!**

In the current water revitalisation scene there are striking scientific aberrations and irritations concerning the question of what our water is and how it has to be. This leads to increased uncertainty among consumers.

For me, nature is the best example and role model. To see water merely as a marketing product in a PET bottle is far from the knowledge that we are talking about. Water is basically a liquid spirit and a divine means of communication.

Why else would the question of the 'memory-effect within living water', as the basis for effective homeopathy, be so crucial? It is important to remember that the air is also

largely made up of water, that no organic process can do without moisture, etc. It is also important to remember that the air is largely made up of water.

Everyone knows much more about water – we are water – than he or she believes in. Trust your mind, your perception, your intuition, your gut feeling – otherwise you will be determined by others.

- The clear differentiation between 'living water' and 'dead water' is missing in the professional world. This is scientifically speaking a clear NO GO!
- Be vigilant with so-called experts! Every expert thinks differently, because the level of knowledge is different and as a rule is not updated in a holistic way (knowledge update). Almost all so-called experts take over the knowledge from sales training, not from their own studies, experience or knowledge. Many take the view that boosts their sales.
- Many technical water revitalizers, which were not developed in a holistic way, are marketed with 'Effect pokery and number tricks'! I apologize for this directness, but repeat it because it is true! If you can change water, the finest medium we have, with a purposeful thought (Prof. Emoto), then you can do this with artificial techniques in any case! But it is questionable whether this fits with your body. If harmony, i. e. zero point energy on a scale is the goal and a dead or pressure-damaged tap water would be on a scale of -100 – for example – and you would add +50 by a technical manipulation on the water, then you would still be at -50, so it is clearly different from before [-100]

and has changed, but optimal [and that is the aim] is harmonic zero point.

- The earth's natural magnetism (polarity with plus and minus) must not be compared with technically manufactured rod magnets. Earth's magnetism acts naturally and always on the water.
- If statements about the quality of drinking water are based mainly on numerical data (parameters), there is something wrong: the quality of drinking water depends primarily on holistic, natural factors, not on individual measuring parameters. These are subordinate aspects without special quality requirements.
- Viktor Schaubberger, as the 'forefather' of water-objections in Germany and Austria, is often used as a model for a nature-loving understanding of water. This sounds good, but is almost never put into practice. Nature works in the Golden ratio, swirls left & right and rhythmically. If you don't recognize this as a iron law, you better don't use the name V. Schaubberger.
- Don't trust any complicated and technically dominant water revitalisation that is not communicated transparently.
- It is morally reprehensible to to sell something to one's fellow human beings by creating fear of harmful substances within water. Fear is far more toxic than a potential pollutant. We better not put pollutants in the water, then we do not have to lament them. Here we are all responsible on a daily basis.

- A science that is increasingly distancing itself from nature and humanity, no longer serves man and is attracted to money (corporations) loses its objectivity and truthfulness.



## **Commandment 7: The quality of freshness is the world of the living!**

Those who believe that they can save themselves from the current and the pollution accumulated for years by "clean" but dead drinking water, live in an illusion! You'd have to theoretically stop breathing to achieve that! We should have been awake here sooner.

By drinking 'living water' on a regular basis, however, you ensure that your organs function optimally and that the body's own defences, supply and disposal, immune system power, cell vitality and cell regeneration are optimised. The human detoxification system, if it works, is a true miracle.

Distilled water is standard in most laboratories of our scientific institutions – but it is without life! It can be assumed that a lot of experimental results with real and fresh spring water would yield far different results. This statement is a fundamental criticism of modern science on my part.

Fresh water taken from the spring is of much higher quality than even a well-filled/bottled spring water, which has been in the bottle for 4 weeks or mostly longer. The word "fresh" is too often misused (e. g. "fresh" – homogenized milk will never be fresh anymore).

By the way: Almost all liquids that we know (milk, beer, wine, lemonades, juices, etc.) are destroyed by techniques such as filtration, high pressure, centrifugal pumps, decanters and centrifuges, homogenizers, etc. – and thus devitalized in terms of energy (in the physical sense). This promotes deposits. The heart, as a dynamically active organ, first has to 'rework' destroyed liquids so that they can be metabolized at all. This sucks negatively (considerably) on the body.

By the way: Did you know that dehydration in the body is not only caused by drinking too little, but also by drinking destructured, i. e. dead water and liquids of all kinds? Why doesn't our highly praised health care system know such 'importance'?



## **Commandment 8: We are water and inseparably connected with everything that carries water!**

The fact that man has emerged from water means that he is inevitably connected with the laws of action within water. At this point at the latest, there is a disagreement between nature-compliant findings, opinions, wish concepts and targeted disinformation. It is precisely here that it becomes important for the coming New Time (Era), because it requires clear indications of how I can keep myself healthy in my physical temple in order to bring my many potentials to bloom and give them to humanity.

Current health statistics show that approximately 80 percent of our illnesses are metabolic diseases – I apologize

for this repetition at this point. But living water is the basis for an optimal functioning metabolism!

Could it be that there's a connection between both of them? Could it be that 80 per cent of all our illnesses could be avoided only by using living water and by improving the quality of our water-based foods? Yes, I say that is the answer to the New Time (Era)!



## **Commandment 9: You're what you eat and drink!**

"You are what you eat and drink," is the shortest nutritional advice formula I know. It actually points out that eating and drinking our food is as simple and untreated (no technical treatment) as possible. Avoiding industrial foodstuffs and beverages would also help producers to learn respect for nature's sensitive qualities and review their techniques accordingly.

Due to my profession as a brewer, I am in regular contact with the food industry and know most of the techniques in the preparation of food-stuffs. Conventional agriculture, artificial fertilizers, the use of poisons, intensive livestock

farming, the associated overproduction and the liquid manure spread on the fields, etc. reduce the formation of bio-photons in the plants even before further processing. These weakened products are then energetically reduced by the techniques developed by food technologists in the processing industry.

In the past, they used to say "food is light" and knew that plants store the light of the sun in the fruits. Prof. F. A. Popp was able to scientifically confirm this "old wisdom" in his bio-photon research [I worked for long with him]. For example, he irradiated organic and conventional tomatoes with concentrated light and if the tomato reflected back, he could tell with a high probability whether it was an organic tomato or a less aromatic and less nutritious conventional tomato.

Our spring waters, which are liquid colloids and thus have direct cell access, also follow similar energetic principles. They carry natural hexagonal energy structures that everyone knows from the snowflake. All the natural products we consume every day consist mainly of structured water, especially if they are organically produced. It constructs matter structurally and envelops it. These energy structures in fruits and vegetables are the "fuel" and necessary for the metabolism in our body. They pass into our body during the transformation process (the substance changes) and are then transferred to our body. They revitalize the body in this way.

If these energetically extremely fine structures are deformed or even destroyed by any circumstance, the central organ of the heart has to compensate it, in order to enable metabolization in the first place.

Our drinking water is manipulated by many purely technically oriented concepts "as it has to be" instead of being understood and revived in accordance with nature.

Depending on which interests are pursued, the information about our drinking water is selected, falsified, put into the wrong context and not really communicated in its entirety. However, if we take into account the importance of water and its true nature, such practices are serious [very serious] aberrations of our time. Similar to destructive technologies in food processing.



## **Commandment 10: Living means diversity – standards mean the opposite!**

The attempt to standardize our drinking water with ideal-typical parameters is absurd and is a sales technique: "Only that's good – and we have your solution"! Here too, the diversity is supposed to give way to any standards.

We are now aware of the problems with our energetically dead tap water. The devitalization effect is due to the pressure exerted in the pipeline, which has been increased from 2.5 bar to 4 bar since the mid-1960s. This pressure destroys the colloidal state of our drinking water and considerably reduces our metabolism.

The current water revitalisation market knows this theme too little and tries to help drinking water with many different technical concepts. This resulted in questionable techniques such as: electrical PH value shift, frequency manipulation, reverse osmosis, magnetization and many mixing techniques. Some sellers like to sell their products through 'fears' of the pollutants... which are often not even in the tap water. Anxiety weakens every system and is more harmful than a possible toxin. Consumers must clearly question the technical concepts about water and its sales methods!

An organism that has developed from the natural laws of water is hardly nourished with a purely technical revitalisation of water. On the contrary, far more subtle metabolic diseases are to be expected, but hardly anyone will trace them back to the water revitalizer used. Only a nature-compliant technology – bionics – can help here, the effectiveness of which has arisen from nature.

**Cura sui – take care of yourself –  
has been around since ancient times.**

I will regularly publish new findings on this topic and send out newsletters [registration via [mail@Bormia.de](mailto:mail@Bormia.de)] or video clips. Please help me to forward this compact news in your mailing lists.... so we find back to the 'natural state of the art' in water science as soon as possible!

**You want to subscribe to our [newsletter](#)?  
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# Scientific results

Scientific results of the BORMIA procedure (trials with and without Bormia treatment). Investigated according to the state of the art:

**I. a)** Original quote from the investigations of Prof. Dr. rer. nat. Peter C. Dartsch, cell Biology and Dipl. Biochemist, see [www.dartsch-scientific.com/](http://www.dartsch-scientific.com/)

## **Summary & Conclusion on 26 Jan. 2018:**

"In the animal-free tests with cell cultures of the connective tissue carried out here, the Bormia water has clearly demonstrated its beneficial effects compared to untreated source water. In addition to its antioxidant properties for inactivating excess reactive oxygen radicals and thus reducing oxidative stress, the Bormia water also showed an activation of the cells up to a promotion of the cell regenerative and wound healing processes. Regular intake of Bormia water can therefore be highly recommended on the basis of the test results for the improvement of well-being".

**I. b)** Examination 2, original quotation:

"In the animal-free tests carried out with HL-60 cells, the Bormia water has clearly demonstrated its beneficial effects compared to untreated source water. In stimulated cells, the Bormia water showed its potential for neutralizing endogenously formed superoxide anion radicals and additionally

activating the energy metabolism of these adherently growing cells for improved primary non-specific defence against foreign germs in the blood. Regular intake of Bormia water can therefore be highly recommended on the basis of the test results for the improvement of well-being".

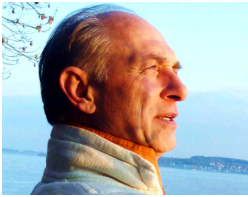
**II)** Dr. Medinger e. U. International Institute for EMC Research (IIREC, AT-3500 Krems (Austria) commented (same water samples, examined with different methods) on 26.01.2018 as follows:

**a)** "Overall, in Vincent's bioelectronic terrain analysis (rh2 values), the quality of BORMIA-treated sample 2 (treated) is superior to sample 1 (untreated).

**b)** In bioresonance analysis (a system of oscillation channels that examines biologically effective base frequencies on the human organism) it was found that BORMIA treatment has an influence on almost all central, as well as on various psychic, cognitive and mental functions, mainly via the higher-level centres of central control.

Note: The samples are the same as Prof. Dartsch test I a) (place & time of sampling were identical).

Originals are available on [Bormia.de](http://Bormia.de)



**Nadeen K. Althoff** [www.nadeen.de](http://www.nadeen.de)

Beverage developer and organic Kombu'Cha brewer (unpasteurized = enzyme drink) – ECO-Product of the Year 1994 [at Bio'Fach Fair]. 30 years of practical research work on "Living Water" and "Living non-pasteurized Beverages". Development of a nature-compliant organic spring water generator from nature (under-sink, domestic installations and industrial use for foodprocessing). Energy enhancing homogenization (including raw and pasteurized milk with a 90 days minimum shelf life), natural structuring of liquids in the food industry such as beer, wine, fruit mix drinks, limonands, mineral and well water etc. (permanent process), MHD optimization of liquid foodproducts [minimum shelf life], technical applications such as oil-water dispersion and engine catalyst technology. Development of unpasteurized fruit concentrates (for living, alcoholfree and enzymatic active eco-limonades). Regular congress lectures [cf. YouTube, see keyword: Nadeen K. Althoff and Bormia.de], regular scientific Publications and seminars on 'Living Water' etc.

Please contact me if you have any questions...  
I do speak English!

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**Water pictures by R. Kistenich & N. Althoff for sale on  
[Bormia.de](http://Bormia.de)**

